

FOUNDATION WORKSHEET

Class: 7

Week: 1

Subject: English

Date: 03/04/2020

Name: _____

Code: ENG-003/3Apr/20-21

1. Dear students during this time while you are at home, your school is ensuring that your academic work continues and your foundation grows stronger every day.
2. Given is a worksheet which you must complete today.
3. The Answer Key is also given at the end of the exercise. You may ask your parents to check your exercise only after you have completed the worksheet.
4. You can take a printout of the worksheet if possible or you can solve it in any exercise book.
5. You must make one notebook for all the subjects (where you can stick worksheet or you can write).
6. In case of any doubt you can ask your teachers once school will reopen.

PRONOUN-

A pronoun is a word used instead of a noun.

Here are some examples to help you-

Personal	Me, you, she, he, it, we, us...
Possessive	Mine, yours, hers, his, theirs, ours...
Reflexive, Emphatic	Myself, yourself, herself, himself, ourselves, themselves...
Relative	Who, whom, whose, which, what
Interrogative	Who, whom, whose, which, what
Demonstrative	This, that, these, those
Indefinite	All, another, any, everyone, none, some, someone, something, somebody, somewhere...
Distributive	Each, either, neither

Q1. Fill in the blanks with the appropriate pronouns.

1. Rama and _____ were present. (**I / me**)
2. You are smaller than _____. (**he / him**)
3. I know that it was _____ that stole my pen. (**she / her**)
4. He is taller than _____. (**I / me**)
5. Let you and _____ try to do what we can. (**I / me**)
6. You know that as well as _____. (**I / me**)
7. We are not as poor as _____. (**they / them**)
8. Jay is as old as _____. (**I / me**)
9. You will hurt _____ if you play with that knife. (**yourself / himself**)
10. The dog hurt _____ by jumping over the fence. (**itself / themselves**)

11. They are far better singers than _____. (**we / us**)
12. Whom can I trust, if not _____? (**he / him**)
13. _____ is a present from my uncle. (**this / these**)
14. _____ are merely excuses you are making. (**this / these**)
15. Mumbai mangoes are better than _____ of Bangalore. (**those / them**)
16. We seldom see _____ as others see us. (**ourselves / themselves**)
17. _____ mends her own clothes. (**she / they**)
18. The place _____ we spent our holidays was very beautiful. (**where / whom**)
19. You must listen to _____ I have said. (**what / which**)
20. You must explain _____ as best as you can. (**yourself / itself**)

Answer Key

1. I
2. him
3. her
4. me
5. I
6. me
7. them
8. me
9. yourself
10. itself
11. us
12. him
13. this
14. these
15. those
16. ourselves
17. she
18. where
19. what
20. yourself

Amazon today cancelled the subscription of books and audio stories for children and students of all ages as long as schools are closed. Kids everywhere can instantly stream an incredible collection of stories, including titles across six different languages. All stories are free to stream on your desktop, laptop, phone or tablet using the following-

<https://stories.audible.com/start-listen>

You are advised to visit the site as well as listen to the audio stories. This will continue to enrich your vocabulary, your Read Aloud skills, and diction, pronunciation and communication skills. All the Best.

FOUNDATION WORKSHEET**Class: 7****Week: 1****Subject: Maths****Date: 03/04/2020****Name: _____****Code: Maths-003/3apr/20-21**

1. Dear Students during this time while you are at home, your school is ensuring that your academic work continues and your foundation grows stronger every day.
2. Given is a worksheet which you must complete today.
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4. You can take a printout of the worksheet if possible or you can solve it in any exercise book.
5. You must make one note book for all the subjects (where you can stick worksheet or you can write).
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Maths Worksheet 03

NAME: _____

CLASS: 7 SECTION: _____ (I - Week) DATE: 03/04/2020

Q.1) Converting Improper Fractions to Mixed Numbers

a) $\frac{31}{5}$

b) $\frac{49}{12}$

c) $\frac{83}{9}$

d) $\frac{23}{7}$

e) $\frac{73}{6}$

f) $\frac{36}{5}$

g) $\frac{145}{12}$

h) $\frac{39}{6}$

i) $\frac{50}{7}$

j) $\frac{78}{11}$

Q.2) Converting Mixed Numbers to Improper Fractions

a) $2\frac{3}{5}$

b) $5\frac{1}{3}$

c) $7\frac{4}{9}$

d) $9\frac{1}{5}$

e) $11\frac{3}{4}$

f) $6\frac{3}{5}$

g) $8\frac{3}{7}$

h) $9\frac{3}{5}$

i) $8\frac{2}{9}$

j) $1\frac{13}{14}$



Maths Worksheet 03

NAME: _____

CLASS: 7 SECTION: _____ (I - Week) DATE: 03/04/2020

Answer

Q.1) Converting Improper Fractions to Mixed Numbers

a) $6\frac{1}{5}$ b) $4\frac{1}{12}$ c) $9\frac{2}{9}$ d) $3\frac{2}{7}$ e) $12\frac{1}{6}$

f) $7\frac{1}{5}$ g) $12\frac{1}{12}$ h) $6\frac{3}{6}$ i) $7\frac{1}{7}$ j) $7\frac{1}{11}$

Q.2) Converting Mixed Numbers to Improper Fractions

a) $\frac{13}{5}$ b) $\frac{16}{3}$ c) $\frac{67}{9}$ d) $\frac{46}{5}$ e) $\frac{47}{4}$

f) $\frac{33}{5}$ g) $\frac{59}{7}$ h) $\frac{48}{5}$ i) $\frac{74}{9}$ j) $\frac{27}{14}$



FOUNDATION WORKSHEET

Class: 7

Week: 1

Subject: Science

Date: 03/04/2020

Name: _____

Code: Sci-003/3apr/20-21

1. Dear students during this time while you are at home, your school is ensuring that your academic work continues and your foundation grows stronger every day.
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 4. You can take a printout of the worksheet if possible or you can solve it in any exercise book.
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 6. In case of any doubt you can ask your teachers once school will reopen.
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A] Choose the correct answer.

1. Fungi are
 - a) Cotton- like threads spread on a piece of bread.
 - b) Fluffy umbrella like patches growing on rotten wood.
 - c) Also used in medicines.
 - d) All of the above.
2. Prominent, spherical, centrally located structure inside a cell is _____.
 - a) Cytoplasm
 - b) Nucleus
 - c) Cell membrane
 - d) Mitochondria

3. The plant on which cuscuta climbs for its food is called _____.

- a) Host
- b) Saprophyte
- c) Bryophyte
- d) Parasite

4. Usually crops require a lot of _____ to make proteins.

- a) Potassium
- b) Phosphorous
- c) Nitrogen
- d) None of the above

5. Tiny pores present on the surface of leaves are called as _____.

- a) Spores
- b) Holes
- c) Stomata
- d) None of these

B] Name the following.

1. Green coloured pigment in plants.

2. Food preparing process in plants.

3. Jelly like substance present inside a cell.

4. Limiting layer of a cell.

5. The gas released during photosynthesis.

6. Stored form of carbohydrates.

7. Any one example of saprotrophs.

8. The gas which forms the major constituent of air.

C] State True or False.

1. Some fungi are used in medicines.

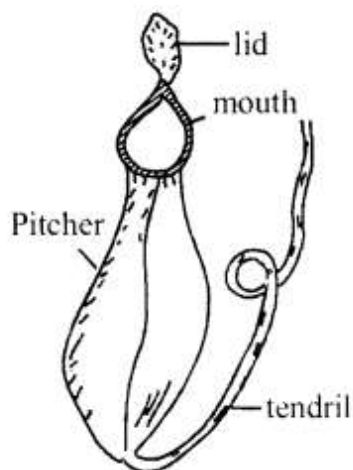
2. Most of the pulses are obtained from leguminous plants.

3. Cuscuta (Amarbel) is a host.

4. Lichens, an alga and a fungus show symbiotic relationship.

5. In desert plants, green stems carry out photosynthesis.

D] Identify the given plant and draw it again neatly.



Answer Key

A]

1. All of the above
2. Nucleus
3. Host
4. Nitrogen
5. Stomata

B]

1. Chlorophyll
2. Photosynthesis
3. Cytoplasm
4. Cell membrane
5. Oxygen
6. Starch
7. Mushrooms/ Fungi
8. Nitrogen

C]

1. True
2. True
3. False
4. True
5. True

D] Pitcher Plant – an insectivorous plant

FOUNDATION WORKSHEET

Class: 7

Subject: Hindi

Name: _____

Week1

Date: 03-04-2020

Code: Hin-003/3Apr/20-21

1. Dear students during this time while you are at home your school is insuring that your academic work continues and your foundation grows stronger every day.
2. Given is a worksheet which you must complete today.
3. The answer key is given at the end of the exercise. You may ask your parents to check your exercise only after you have completed the worksheet.
4. You can take a printout of the worksheet if possible you can solve it any exercise book.
5. You must make 1 notebook of all the subjects (where you can stick worksheets or you can write).
6. In case of any doubt you can ask your teacher when school will reopen.

प्रश्न1) निम्नलिखित वाक्य को क्रम में लिखिए।

- १) एक चाय का गरम गिलास पीते जाइए । - _____
- २) मृत्युदंड दिया चोर ने राजा को। - _____
- ३) हस्ताक्षर कर दिए मैंने अपने। - _____
- ४) बीस हिंदी में मुझे मिले अंक। - _____
- ५) सेवा करनी चाहिए हमें माता-पिता की - _____
- ६) आता है प्रकृति को भी गुस्सा। - _____
- ७) फूलों की माला चाहिए मुझे एक। - _____
- ८) नोबेल पुरस्कार है विजेता रवींद्रनाथ टैगोर। - _____
- ९) कहते हैं पहले पद को पूर्व पद। - _____
- १०) दूसरे पद को कहते हैं उत्तर पद। - _____
- ११) वर्णों का समूह एक प्रकार से होता है शब्द। - _____
- १२) नाम है भाव एक का बेईमानी। - _____
- १३) अनेक पुस्तकों का पुस्तकालय समूह है। - _____
- १४) मिलकर बनता है अनेक लोगों से दल। - _____

- १५)जीवन की अवस्था एक है बुढ़ापा। - _____
- १६)अनुपम होती है ममता की मां। - _____
- १७)खेले खेल जाते हैं भारत में अनेक। - _____
- १८)प्रधानमंत्री थे हमारे प्रथम नेहरू जी। - _____
- १९)नहीं जाएंगी प्रार्थनाएं बेकार हम सबकी। - _____
- २०)होनहार छात्र है सबसे कक्षा का वेदांत। - _____

उत्तर सूची:-

- १) एक गिलास गरम चाय पीते जाइए।
- २) राजा ने चोर को मृत्युदंड दिया।
- ३) मैंने अपने हस्ताक्षर कर दिए।
- ४) मुझे हिंदी में बीस अंक मिले।
- ५) हमें माता - पिता की सेवा करनी चाहिए।
- ६) प्रकृति को भी गुस्सा आता है।
- ७) मुझे फूलों की एक माला चाहिए।
- ८) नोबेल पुरस्कार विजेता है रवींद्रनाथ टैगोर।
- ९) पहले पद को पूर्व पद करते हैं।
- १०) दूसरे पर को उत्तर पद करते हैं।
- ११) शब्द एक प्रकार से वर्णों का समूह होता है।
- १२) नाम है भाव एक का बेईमानी।
- १३) पुस्तकालय अनेक पुस्तकों का समूह है।
- १४) दल अनेक लोगों से मिलकर बनता है।
- १५) बुढ़ापा जीवन की एक अवस्था है।
- १६) मां की ममता अनुपम होती है।
- १७) भारत में अनेक खेल खेले जाते हैं।
- १८) नेहरू जी हमारे प्रथम प्रधानमंत्री थे।
- १९) हम सब की प्रार्थनाएं बेकार नहीं जाएंगी।
- २०) वेदांत कक्षा का सबसे होनहार छात्र है।